



Next Meeting:

**September 9th, 2025 In Person Meeting  
At the Greenbelt Church,  
839 Shefford Road, Gloucester**

\*Doors/Library open: **6:30 pm**

\*Meeting: **7:30 pm—9:00 pm**

\*Programme:

**Josee Lusignan, president of Soaring Circle**

\*Shop of the Month:

**Élégante Virgule, Sainte-Thérèse, QC**

\*Fat Quarter Club: This year Fat Quarters are focusing on a different colour each month. Donations need to have some of that colour in the Fat Quarter. September is ..... **Turquoise!**

**SEE YOU THERE!!!**

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*If you are a guild member and not receiving the newsletter, please let us know at:*

*[ctqg.membership@gmail.com](mailto:ctqg.membership@gmail.com) and  
[ctqg.newsletter.editor@gmail.com](mailto:ctqg.newsletter.editor@gmail.com)*



**PROGRAMME INFORMATION—Josee Lusignan, president of Soaring Circle**



As a social entrepreneur and communications strategist, Josée is a voice for relevant and practical community transformation.

In 2012, Josée mobilized hundreds of friends and colleagues in projects to support students in the nearby Algonquin community of Rapid Lake in Quebec. The success of her efforts grew into a national movement, from which the Soaring Circle was created.

Josée is also the co-founder of Good4.Global, a fast-growing sustainability initiative, which finds its roots in Josée's many years of learnings as she has worked with over 100 Indigenous communities across Canada. Furthermore, Josée is the co-president of the Outaouais Climate Partnership, a collective of business and institutional leaders acting together to mitigate climate change.





Executive Committee Members	Activity/Volunteer Positions
<u>President</u> : Janice Namiesniowski	<u>Workshops</u> : Heather Wolczanski and Joanne Villeneuve
<u>Vice-President</u> : VACANT	<u>Retreats</u> : Catherine Parkinson
<u>Past President</u> : Diane Grover	<u>Sew Days</u> : Joanne Villeneuve
<u>Secretary</u> : Sherrill Crowder	<u>Fat Quarters Club</u> : Del Jazey & Susan Baker
<u>Treasurer</u> : Libby McRobbie	<u>Shop of the Month</u> : Monique Boileau-Levesque
<u>Programme</u> : Ruth Lenarduzzi	<u>Quilt Show</u> : Janice Namiesniowski & Tammy Davies
<u>Membership</u> : Debbie Jolley	<u>Quilt Show Registrar</u> : Elizabeth Barr
<u>Community Projects</u> : Elizabeth Barr	<u>Library</u> : Veronica Baker
	<u>Website</u> : Daphne Uras
	<u>Challenge</u> : Elizabeth Barr
	<u>Newsletter Ads/Billing</u> : Cathy Duchesne
	<u>Newsletter Editor</u> : Marian Burke

*Click on position (which is a link) to send an email to the person in this position.*

## MORE PROGRAMME INFORMATION about Josee Lusignan & the Soaring Circle

Our September presenter, Josee Lusignan, will talk to us about her involvement with Soaring Circle and the Sew Shapes campaign. I was very interested in this program when I first heard about it. It is a unique way in which we can participate in the education of Indigenous youth in communities across Canada. Our help is important as these communities do not have the fabric available to them that we are so fortunate to have. I invite you to google Soaring Circle.ca for more information and some amazing videos.

As a social entrepreneur and communications strategist, Josée is a voice for relevant and practical community transformation. In 2012, Josée mobilized hundreds of friends and colleagues in projects to support students in the nearby Algonquin community of Rapid Lake in Quebec. The success of her efforts grew into a national movement, from which the Soaring Circle was created. Josée is also the co-founder of Good4.Global, a fast-growing sustainability initiative, which finds its roots in Josée's many years of learnings as she has worked with over 100 Indigenous communities across Canada. Furthermore, Josée is the co-president of the Outaouais Climate Partnership, a collective of business and institutional leaders acting together to mitigate climate change.

Come out for a Cutting Bee in support of the Soaring Circle Sew Shapes Campaign. This will be held on the Sew Day, September 13th. Anyone participating in the cutting bee will not have to pay the usual Sew Day fee. Please bring any fabric that you can spare from your stash. It should be good quality quilting cotton with no stretch to it. Denim is okay as well. The smallest shape that we will cut is a 4 inch square. Strips will be cut, 2 and a half inches by a minimum of 10 inches up to 45 inches long. There will also be a variety of shapes to cut out, which are about the size of a sheet of paper. These templates will be provided. Please bring your own scissors, rotary cutters, rulers and cutting mats. The guild has some available but these are for the sew day sewers as well. The Accuquilt will also be available. From my experience that will only be useful for strips.

As they say, many hands make light the work. I look forward to seeing anyone who can make it.





## PRESIDENT'S MESSAGE—Janice Namiesniowski

As your new Guild president, I look forward to getting to know you better and working along side you to make this a “Quiltalicious” year!

The most mystifying thing to learn about me, is how to pronounce my last name. I kid you not. Let's break it down phonetically; repeat after me, NAME, IS, NOW, SKI. Say it again, but this time slide it all together. You got it! It is like making a quilt; it may seem daunting at first, but broken down in pieces and steps, it is not so intimidating. If you find this too intimidating, you can just call me Janice.



I have been a guild member since 2002, volunteering on the Planning Committees of 6 Quilt Shows, CTQG Librarian for 5 years and last year your Vice President. I have discovered that volunteering can be a very rewarding experience; meeting members with fresh perspectives and skills, sharing and learning from those around me and staying connected by being involved in this shared mission, it never gets old. You may be a charter member or a new member but we all have more to give than we think we can.

It is Quilt Show year, please mark June 12 & 13, 2026 on your calendar. As you know, our guild relies 100% on the support of our members to make this a success. The Planning Committee is currently looking for volunteers, to step up and be part of this dynamic, rewarding team. Our biannual Quilt Show is the largest activity that the Guild collectively produces which gives us the financial ability to bring you the programmes that you enjoy. See the article on page 7 for more info on what you can do to help.

Love to cut and use up scraps? Come out attend a special activity during the next Sew Day, September 13. We will have a cutting campaign to support the “Sewcase Sew Shapes” programme for the indigenous learning-labs. Bring your extra fabric (I know you have some), scissors or rotary cutters and let the fabric shapes pile up. Don't want to cut, come iron. The \$10 sew day fee will be waived for those who participate.

Send me your ideas and thoughts, I want to hear from you.

Sincerely,

Janice [ctqg.president@gmail.com](mailto:ctqg.president@gmail.com)

A screenshot of the Quilt &amp; Coton website. The top half features a photograph of various fabrics and a wicker basket filled with bolts of fabric. The bottom half has a black background with white text. It includes the website address "WWW.QUILTECOTON.COM", a phone number "189.617.6777", and an address "110, GEORGES, #302, GATINEAU (QC)". A navigation menu on the right lists "CLASSES", "FABRICS &amp; NOTIONS", "SEWING MACHINES", and "LONGARM MACHINES".



You haven't truly felt creative joy until you step inside Watergirl Quilt Co., a vibrant community where inspiration flows as freely as the river just outside our window. Come, belong, and let your quilting dreams come alive with every visit, you simply have to experience it for yourself!



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## IN TOWN RETREATS—Catherine Parkinson and Laurelle Callaghan



Welcome back for a new year! Are you ready to kick off the new year with some fun? Come and sign up for one (or more) of our retreats! This is a great opportunity to meet new people, make some friends, and enjoy some good food! Food, Laughter, Sewing! Does it get any better????

### Dates for the 2025-2026 retreats

**Fall 2025** (registration opened now):

October 17th to 19th OR October 24th to 26th

**Winter 2026:**

January 16th to 18th OR January 23rd to 25th (registration opens November 1, 2025)

**Spring 2026:**

April 17th to 19th or April 24th to 26th



Cost is \$80 for members and \$95 for non-members. We look forward to seeing you there!

### **HOW TO REGISTER AND PAY FOR AN IN TOWN RETREAT:**

Register for any retreat by sending a email to [ctqg.retreats@gmail.com](mailto:ctqg.retreats@gmail.com)

Payment for any retreat can be done by e-transfer. Please send the funds to [ctqg.treasurer@gmail.com](mailto:ctqg.treasurer@gmail.com)

## IN PERSON SEW DAYS, FALL 2025—Joanne Villeneuve

Sew Days are no-frills. Participants set up their own sewing space, help with common set up, and bring their own lunch and snacks. **Remember** that participants are also expected to help with packing up and putting away common areas (ironing, cutting, and Accuquilt tables), which will start at 4:30. If you have to leave early, please ask someone to cover packing up for you. Please note that you are welcome to attend the Sew Day whether you participate in the Cutting Bee or not!!!! The Sew Day fee is \$10 for members and \$12 for non-members (exact change would be appreciated).

You are invited to a **Sew Day CUTTING BEE!!!**

Saturday 13, Sept. 9am-5pm at Notre-Dame-des-Champs Community Hall, 3659 Navan Rd.

Come out and support the “Soaring Circle Sewcase Program”. This program sets up sewing labs in the Indigenous communities (125 Labs to date). There, community members of all ages gathered to learn, share, reconnect, and encourage youth to take up the textile arts, which are so deeply woven into the fabric of Indigenous culture.

How can we help? By pre-cutting unused fabrics to help teachers reduce prep time! Yes, your cotton scraps, yardage or even denim. The smallest shape that we will cut is a 4-inch square. Strips will be cut, 2 1/5" by 10" to 45" inches long. There will also be a variety of shapes to cut out, which are about the size of a sheet of paper. These templates will be provided. More information on the Sew Shapes Campaign for Soaring Circle can be found at: <https://soaringcircle.ca/>

Please bring your own scissors, rotary cutters, rulers and cutting mats. The guild has some available but these are for the sew day sewers as well. We can use the Accuquilt cutter for the strips too. We need some ironing personnel too. Let's have fun, socialize and help provide these students with the skills and confidence to start a life long love of fibre as be do.

- \* Coffee (decaf and reg) and tea are provided. Homemade cookies will be there too.
- \* Note: \$10 Sew Day fee will be waived for participants in the cutting bee. \$10 for members and \$12 for non-members (exact change would be appreciated).

Questions? Please contact: [ctqg.president@gmail.com](mailto:ctqg.president@gmail.com)



## COMMUNITY PROJECTS - Elizabeth Barr

I'm pleased to share that last year we donated a total of 624 quilts to our community partners which were delivered with the greatest pride in our guild and received with sincere gratitude. The summer felt way too short, but all the same, I am thrilled to welcome September, resume our guild activities and announce a challenge from Community Projects:

### Community Projects 2025 - 2026 Panel Challenge!

In this challenge, you may receive a large panel or a series of small, individual panels, a label and some additional coordinating fabric to use toward creating a fully finished quilt. You may want to dig into your fabric stash and find something that coordinates for binding, to augment backing, etc., and the idea is to have fun! You have 2 choices on how to face this challenge:

1. EASY DOES IT - Finish the challenge with the guidelines/pattern provided

OR

2. ALL IN - Use your creativity and come up with a layout of your own!

To be eligible for the draw, Panel Challenge Quilts must be turned in fully finished and bound by May 12, 2026. Draw will take place at our June meeting and here's how it works:

- ◊ Choose the EASY DOES IT route, you will be given 1 (one) entry.
- ◊ Choose the ALL IN option, you will be given 2 (two) entries.
- ◊ But wait... make your odds of winning even better! Make a 4" sleeve to fit the quilt and SAFETY PIN it to the quilt to DOUBLE YOUR CHANCES! Imagine that - ALL IN with a 4" safety-pinned sleeve = 4 entries!

All finished Panel Challenge Quilts will be donated to our community partners following their proud display at our Guild's Quilt Show in June and the sleeves will be retained by the Guild for use in future displays as required.

**Only 30 Panel Challenge Kits are available.** If you would like to participate in the challenge and would like one set aside for you, please email [ctqg.community.projects@gmail.com](mailto:ctqg.community.projects@gmail.com). Otherwise, on meeting night, it will be first come, first served.

Friendly reminder if making tops and quilts, fabrics with any reference to violence and/or alcohol/substance use must be avoided.

Quilts of the following sizes are always appreciated:

- ★ Cuddle quilts - 22" square
- ★ Wheelchair quilts - 36" x 36" to 36" x 40"
- ★ Kids quilts from crib to twin - 40" x 40" to 60" x 72"  
(older teens may be tall)
- ★ Adult Twin and Queen size quilts - 60" x 75" or larger
- ★ Comfort quilts - 50" x 60"

Feel free to stop by the table, say hello & sign out a kit.

Outside of meetings, you can reach me at

[ctqg.community.projects@gmail.com](mailto:ctqg.community.projects@gmail.com) and am always happy to answer questions.

**Cathy's Quilting**

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## MEMBERSHIP DESK—Debbie Jolley

Hello Members,

Welcome back to our first meeting of the Guild year!

If you still need to complete your application and pay for your 2025-2026 Membership, there will be volunteers on hand at the September 9th meeting, to process your application and take your payment. Paper copies of the application will be available.

If you sent an application and paid during the summer, your new Membership card (name tag and pin if ordered) will be available to pick up at the sign in desk.

For 2025-2026, **every member** will need to complete a **new application form**, as there are new policies and we need to check your contact information is up to date.

**The fees stay the same for the 2025 - 2026 year!**

New and returning members - **\$40**, July 1st 2025 - June 31st 2026

Name tags - **\$20**

You have the option to pay by **cash, check or etransfer** during the Guild meetings.

Please make checks payable to **Common Thread Quilt Guild**

Etransfer to [ctqg.treasurer@gmail.com](mailto:ctqg.treasurer@gmail.com)

**Cash** is also accepted at the Guild meeting, but **exact change would be appreciated**

**What's the quickest and easiest way to renew your membership this year?**

I'm glad you asked!!!

- Visit the Common Thread Quilt Guild website.
- Under Membership, download the application form
- Complete and email back to [ctqg.membership@gmail.com](mailto:ctqg.membership@gmail.com)
- Etransfer \$40 to [ctqg.treasurer@gmail.com](mailto:ctqg.treasurer@gmail.com)

Pick up your membership card at the next Guild meeting!

Thank you for your continued support of our Guild!



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## CTQG 2026 QUILT SHOW NEWS—Tammy Davies and Janice Namiesniowski

Save the date: June 12 & 13, 2026

Planning for our 2026 Quilt Show is getting underway. **WE NEED HELP NOW!**

Come join the fun and help plan an awesome 2026 Quilt Show. It takes a broad range of skills and talents to put together a successful show. The Planning Committee needs you – people with a diversity of experience, abilities and perspectives. A few veteran Quilt Show planners are returning, but we also need the contributions of new committee members. Are you interested in joining us? There are a wide variety of roles and tasks:

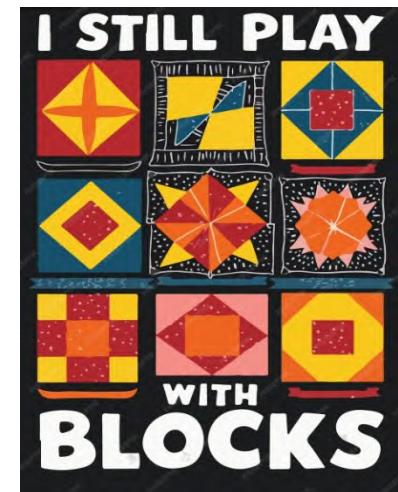
- ♥ Quilt shops/Vendors
- ♥ Logistics / Set up assistance
- ♥ Registration of quilts
- ♥ Coordination of Show volunteers
- ♥ Computer work
- ♥ Secretary
- ♥ Social media
- ♥ Graphic art – advertising
- ♥ Publicity
- ♥ Members' Market
- ♥ And more...

Ever do any project management? Organized an event at work? Planned a family/friend party? We all have skills and ideas that are essential to planning another sensational quilt show. There's a lot of flexibility - much of the work can be done from home, in the early hours, in an evening... Monthly meetings are hybrid – join your fellow committee members by zoom or in person.

**Interested? Please drop us a line and ask anything!**

Quilt Show Co-Chairs: Tammy Davies and Janice Namiesniowski

[ctqg.quilt.show@gmail.com](mailto:ctqg.quilt.show@gmail.com)



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A decorative graphic at the bottom of the page featuring three stylized, symmetrical floral or leaf-like motifs in shades of gold and yellow.

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7



## LIBRARY NEWS—Veronica Baker

Welcome back everyone. Did you enjoy the extra time with your Library Books? I hope you got lots of inspiration from them. It is time to find the books and return them. (plus, any overdue fees, \$1/per book per month).



Come early on Guild night, Tuesday, September 9, 2025; the library will be open from 6:30-7:20pm. Volunteers are always welcome to come early (6:15pm) to help us set up and put away. We would appreciate some volunteers to sign up to assist with the opening a closing of the library on guild nights. There will be a sign in sheet at the library table.

Looking for a book? The full library catalogue is available online at the CTQG website Common Thread Quilt Guild, under Resources. From there you can reserve a book using the form on the library page.

Done any decluttering in the Quilt Studio? Books can be Donated to CTQG Library. However, the published date must be less than 10 years. The books can be added to the library if we don't carry it, or it can be added to the annual used book sale.

Any questions or suggestions come and see us or drop us a line at [ctqg.library@gmail.com](mailto:ctqg.library@gmail.com)

Sharron and I look forward to seeing you at the next meeting.

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## ACCUQUILT GO! CUTTERS—Lynn Bradley

Two Accuquilt Go! and one Accuquilt Go Me! cutters and dies are available to Guild members during In-Person Sew Days and Retreats.

Members are free to drop by and cut their fabric during these times and are not obliged to pay for the Sew Day or Retreat if they stay for only a short time and only for the use of the Accu-quilt. For example, one is free to drop by with pre-ironed fabric and use the Accu-quilt for a short time. If your cutting time is preventing paying participants from ready access to the Accuquilt, or if you plan to use the iron for other than a quick touch-up, then perhaps paying for the day is warranted.

Plan ahead to cut out a quilt or just some blocks or appliques at the next SewDay or retreat.

Check out the complete list of dies as well as handy tips for using the cutter at

<https://commonthreadquiltguild.ca/resources/accuquilt-fabric-cutter/>

Questions to [ctqg.sewdays@gmail.com](mailto:ctqg.sewdays@gmail.com).



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### Sew and Share!



We work hard on our quilts so let's show them off. Let's take pride in our quilting accomplishments and inspire others!

Please bring your items to the September Guild Meeting! We would love to see what you have been working on this winter!!! Big or Small projects are welcome!!!

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### Fran's Quilting Services

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- Basic quilting for beginners
- Hand and machine quilting techniques
- Help in starting new projects or completing old ones
- Fabric kits and patterns available
- Design your quilt & help with supplies & assembly



For a free consultation email-

[fran.oneill101@gmail.com](mailto:fran.oneill101@gmail.com)



## WORKSHOPS FALL 2025 —Heather Wolczanski and Joanne Villeneuve

### Introduction to Rope Bowls presented by Laura Malo

**Date:** Tuesday, 28 October 2025 **Time:** 10am-2pm at Notre Dames des Champs

**Location:** Notre Dames des Champs Community Centre **Cost:** \$55.00 (includes rope)

**Class Description:** Discover the art of transforming simple rope into beautiful, functional bowls in this hands-on sewing workshop! Perfect for beginners and confident sewists alike, this class will guide you through the entire process of coiling and stitching rope on a sewing machine to create sturdy, one-of-a-kind bowls.

You'll learn:

- How to prepare and handle rope for sewing
- Techniques for coiling and shaping your bowl
- Tips for adding color, fabric accents, or decorative stitching
- Finishing methods to give your project a professional look



By the end of the class, you'll leave with your own handcrafted rope bowl—perfect for organizing, decorating, or gifting—and the skills to make more at home.

Pictured samples will be at the September meeting if you want to take a closer look, and a supply list will be provided to participants. The class fee covers the cost of the rope.

**About the Instructor:** Laura Malo has been a member of our guild for many years and has held several positions of the executive, most recently as workshop coordinator. She is a self taught quilter and has enjoyed quilting for over 30 years. Like a lot of quilters, she has also dabbled in other creative areas such as knitting, painting and sewing.

### HOW TO REGISTER AND PAY FOR A WORKSHOP:

Register for any workshop by sending an email to [ctqg.workshops@gmail.com](mailto:ctqg.workshops@gmail.com)

Payment for any workshop can be done by e-transfer. Send all workshop fees to [ctqg.treasurer@gmail.com](mailto:ctqg.treasurer@gmail.com)

### Payment Policy for Workshops:

You will not be considered registered for a workshop until you have paid for your spot in full. For your convenience, we accept e-transfers to [ctqg.treasurer@gmail.com](mailto:ctqg.treasurer@gmail.com) payable within 2 days of signing up. You may also send a cheque by mail to the Common Thread Quilt Guild. If you mail a cheque, please inform the workshop coordinator at [ctqg.workshops@gmail.com](mailto:ctqg.workshops@gmail.com) that payment is on the way. Your spot can not be "held" without payment. Placing your name on the list without payment does not guarantee you a space. We understand that a registrant may not be able to attend a workshop for any number of worthy reasons, but to ensure that a workshop does not have to be cancelled at the last minute because of withdrawals, no refunds or credits will be issued unless the workshop is cancelled by the Guild. If we are given enough notice and are able to fill your spot, we can then offer you a refund.





## QUILTERS RECYCLING TABLE

"We don't have to engage in grand, heroic actions to participate in change. Small acts, when multiplied by millions of people, can transform the world." - Howard Zinn



Bring your gently- or un-used quilting related items to May meeting and let someone else make or mend with them.

**Remember to take home any of your items that were not recycled at the end of the evening!**

Questions to [ctqg.newsletter.editor@gmail.com](mailto:ctqg.newsletter.editor@gmail.com)

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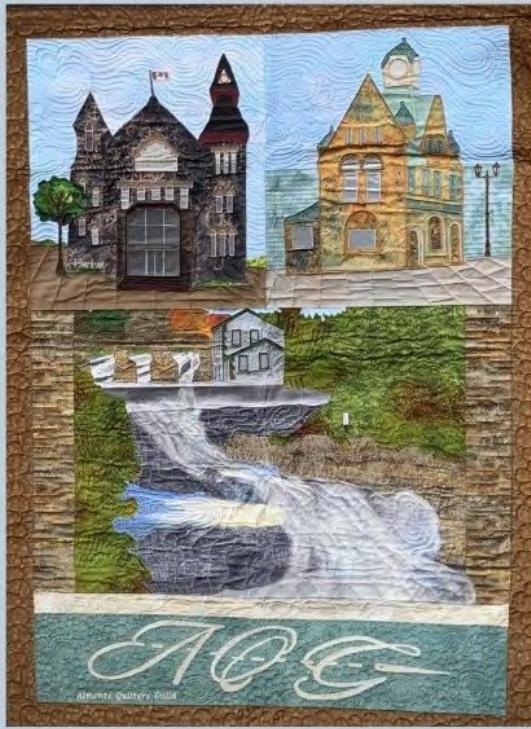
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[f /QUILTERSBARANDGIFTS](https://www.facebook.com/QuiltersBarnAndGifts)

# Quilts in a Small Town



a Quilt Show presented by  
the Almonte Quilters Guild

Friday Sept 26 & Saturday Sept 27, 2025

10 am - 4 pm

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Children under 12 free

Almonte Civitan Community Hall

500 Almonte St, Almonte, ON

Free parking - Wheelchair accessible

[www.almontequiltersguild.ca](http://www.almontequiltersguild.ca)



## Advertising Space

Business Card: \$8 / month (3½" x 2" or 2" x 3½")

¼ page: \$16 / month (4½" x 3½")

½ page: \$30 / month (4½" x 7¼" or 8½" x 3½")

Full page: \$55 / month (8½" x 7¼")

### Contact:

[ctqg.newsletter.billing@gmail.com](mailto:ctqg.newsletter.billing@gmail.com)

Our guild's Facebook page,

**Common Thread Quilt Guild (Ottawa)**  
can be accessed at



<https://www.facebook.com/groups/526558034114649/>

## COMMUNITY EVENTS

Please note that the information contained below is not part of the Common Thread Quilt Guild. It is simply information that some might find



### ARE YOU LOOKING TO JOIN A

### QUILTING GROUP?

Look no further, the Gloucester 50+ Centre located at 4355 Helmont Drive (Pat Clark Community Centre) has drop-in quilting activities Mondays and Tuesdays from 10 am to 2 pm for those who are 50+.

You can bring your sewing machine, hand sewing, knitting or just come to chat and socialize with other quilters. You can join us for the whole 4 hours or not, it is totally up to you.

Rulers, irons, cutting boards, etc., are available. No set-up or take-down involved. At the end of the day, just put supplies back in the quilting storage cabinet. Oh, no need to bring lunch. There is a Food Services where you can still buy a sandwich for \$3.00 and a good homemade soup. Of course, you may bring your lunch and socialize with the quilters in the lunchroom.

Membership at the Centre is \$40 per year. The membership year is September 1 to August 31. New members will have a pro-rated membership one time only. Membership allows access to all drop in programs and registration for exercise and other classes. There is a \$2 drop-in fee for each week you attend quilting. You can receive a one-time guest pass for the first time you visit the centre. For information regarding the Gloucester 50+ Centre activities visit the website. [Home - Gloucester 50+ Centre](#).

The quilting group welcome people whether you are a Guild member or not. [This is not a Guild activity though many are CTQG members](#). We enjoy day quilting amongst others who share our interest. We help each other with advice or techniques, have space for cutting and laying out and then cheer each other finished quilts.



**QUILT & COTON**

CLASSES

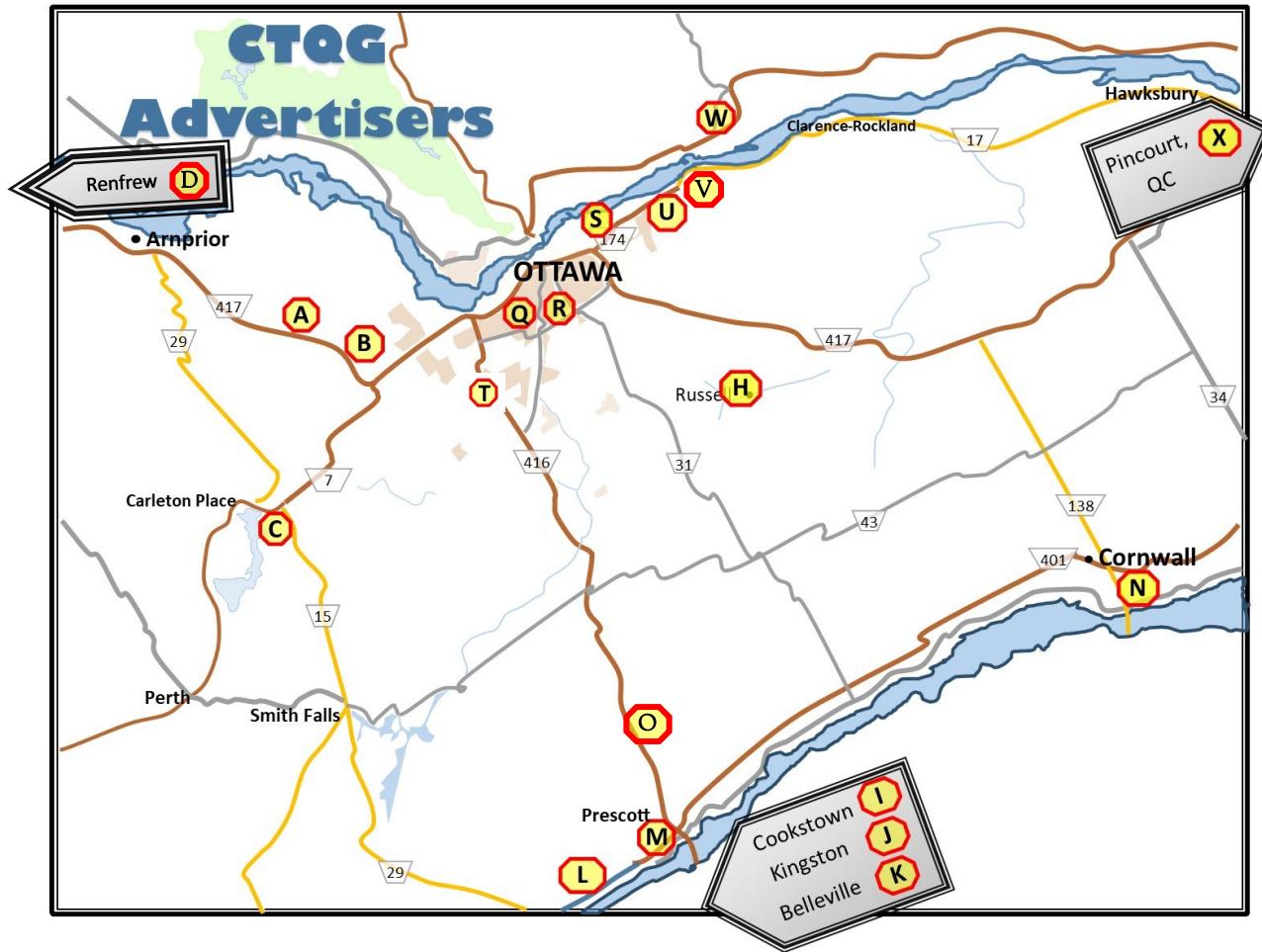
FABRICS & NOTIONS

SEWING MACHINES

LONGARM MACHINES

[WWW.QUILTETCOTON.COM](http://WWW.QUILTETCOTON.COM) | 819.617.6777  
110, GEORGES, #302, GATINEAU (QC)





Approx Zone	Map Listing	Advertiser (in order of Zone/Map Listing)	Address	Phone #
West	A	<a href="#">Happy Stitch Quilt Co</a>	105 Terraview Drive, Ottawa	289-219-3121
	B	<a href="#">Paisleys Quilt Shop</a>	112 John Cavanaugh, Carp	613-203-9011
	C	<a href="#">Happy Wife Quilting</a>	280 Timberwood Dr, Carleton Place	613-257-9023
	D	<a href="#">The Needle and Thread Emporium</a>	688 Storyland Road, Renfrew	289-241-9367
South & South-West	H	<a href="#">Quilters Barn and Gifts</a>	1087 Concession St., Russell	613-496-2276
	I	<a href="#">Country Concessions</a>	35 King St. N., Cookstown	705-458-4546
	J	<a href="#">Stitch by Stitch</a>	550 Days Road, Kingston	613-389-2223
	K	<a href="#">Artistic Quilts with Colors</a>	1963 Old Highway #2, Belleville	613-966-4715
	L	<a href="#">Taylor Sewing Quilt Shop</a>	7712 Kent Blvd., Brockville	613-342-3153
	M	<a href="#">Watergirl Quilt Co</a>	235 Water Street West, Prescott	343-260-9227
	N	<a href="#">Auntie Em's Scrapbooking &amp; Quilting</a>	109 11th Street West, Cornwall	613-938-4888
	O	<a href="#">Charles Street Quilt Retreat</a>	8 Charles Street, Spencerville	CharlesStreetRetreat@gmail.com
Central	Q	<a href="#">Ottawa Sewing Centre</a>	1390 Clyde Avenue, Ottawa	613-695-1386
	R	<a href="#">Fran's Quilting Services</a>	60 Sparrow Way, Ottawa	613-733-7865
	S	<a href="#">Sew-Lo's</a>	405 St Laurent Blvd, Ottawa	613-748-7878
	T	<a href="#">Sewing Machine Hospital</a>	1568 Merivale Rd, #11, Ottawa	613-729-4379
East	U	<a href="#">Quilty Pleasures</a>	2211 St Joseph Blvd., Orleans	613-834-3044
	V	<a href="#">Cathy's Quilting</a>	319 Cottonwood Crescent, Orleans	613-791-7907
	W	<a href="#">Quilt et Coton</a>	110 rue George, #15, Gatineau	819-617-6777
	X	<a href="#">Mad Moody Quilting Fabrics</a>	1727 Des Pommetiers, Pincourt, QC	514-425-0775